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## SECTION HEADING

### ADC 1100: Foundations and Theories of Addictions

#### Description

Foundations and Theories of Addictions will provide students with a deeper understanding of several models of practice in the substance use field. Includes an overview of transdisciplinary foundations of alcohol and drug counseling. Students will integrate various interventions, skills, and treatment modalities needed to design effective treatment interventions for working with these populations.

#### Credits

2

#### Prerequisite

None

#### Corequisite

None

#### Topics to be Covered

1. Theories of Addictions
2. Theories of Chemical Dependency
3. Problems related to Substance Abuse

#### Learning Outcomes

1. Describe the theories of addictions.
2. Identify the theories of chemical dependency.
3. Examine problems related to substance abuse and substance use disorders (SUDs).
4. Examine the use of psychotherapeutic drugs in our culture and evaluate its impact on our society.
5. Recognize the etiology, symptoms, and treatment models of chemical addiction.

#### Credit Details

Lecture: 2

Lab: 0

OJT: 0

MnTC Goal Area(s): None