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## SECTION HEADING

### CMHW 1000: Community Health Worker Role, Advocacy, Outreach & Resources

#### Description

Community Health Worker Role, Advocacy, Outreach and Resources defines the role of the Community Health Worker(CHW). Strategies for personal safety related to home visits will be explained. The value of self-care and personal wellness will be introduced. Familiarity with health-related needs of communities and cultural considerations will be related to the CHW role of liaison and the skill of connecting clients and appropriate community resources.

#### Credits

3

#### Prerequisite

None

#### Corequisite

CMHW1100

#### Topics to be Covered

1. Advocacy, Liaison Work, Community Outreach
2. CHW Roles
3. Community Needs, Social Determinants of Health
4. Health Promotion, Cultural Humility
5. History of CHWs
6. Home Visiting, Personal Safety
7. Personal and Professional Boundaries
8. Self-Care
9. SMART goals
10. Teamwork
11. Time Management
12. Trauma Informed Care and ACEs

#### Learning Outcomes

1. Identify CHW roles and the CHW Scope of Practice as defined by the American Public Health Association.
2. Recognize emergency situations and communicate appropriate responses while describing personal safety measures in conjunction with home visiting and outreach.
3. Identify best practices for self-care and personal wellness by developing time management and SMART goal setting skills.
4. Prescribe effective strategies for collaborating with relevant healthcare providers and community agencies.
5. Assist clients and healthcare providers by advocating for cultural humility and health literacy to improve outcomes.
6. Apply networking skills to ensure proper resources and referrals of services for clients and their families.
7. Identify quality resources to develop a client focused Personal Resource Manual.

#### Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): None