
SECTION HEADING

CMHW 1100: Health Communication, Teaching, and Capacity Building

Description

Health Communication, Teaching & Capacity Building will introduce concepts of communication required for effective culturally appropriate interactions. Application of active listening and motivational interviewing techniques will be practiced. Materials will emphasize empowering clients to become self-sufficient in achieving personal health goals within the role of a CHW. Trauma approach in the CHW field including physiological effects, factors, resilience, self-care and mindfulness practice.

Credits

3

Prerequisite

None

Corequisite

CMHW1100

Topics to be Covered

1. Action Plan/Care Management
2. Client Data Collection
3. Communication and Teaching Techniques
4. Conflict Resolution
5. Critical Thinking
6. Effects of Trauma, Resiliency and Mindfulness Responses
7. Health Literacy/ Evidence Based Programs
8. Motivational Interviewing/ Behavior Change

Learning Outcomes

1. Construct an action plan with clients that uses goals to promote health.
2. Demonstrate a variety of teaching and interviewing techniques with clients to foster healthy behavior changes.
3. Identify effective and culturally appropriate communication skills when collaborating with clients and team members.
4. Apply appropriate conflict resolution strategies with clients and/or team members.
5. Recognize client health needs related to cultural beliefs, traditions, and values when creating and client action plan to improve health equity and client outcomes.
6. Document appropriate client data and care management.
7. Define Evidence-Based programming for improving health outcomes.
8. Identify common responses to trauma.
9. Identify strategies to support groups and communities in responding to trauma.
10. Demonstrate understanding of applying critical thinking skills.

Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): None