
SECTION HEADING

CMST 1103: Interpersonal Communication

Description

Interpersonal Communication develops students understanding in becoming more competent interpersonal communicators. Students will gain valuable skills and learn communication strategies to develop and manage relationships more effectively.

Credits

3

Prerequisite

None

Corequisite

None

Topics to be Covered

1. Communication theories
2. Self-concept
3. Perception
4. Verbal communication
5. Nonverbal communication
6. Self-disclosure
7. Assertiveness
8. Emotions
9. Listening
10. Conflict
11. Relationship development
12. Deception

Learning Outcomes

1. Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts. (MNTC Goal 1d)
2. Develop and demonstrate skills in managing perception, disclosure, assertiveness, emotions and conflict. (MNTC Goal 1e)
3. Develop and demonstrate skills in managing perception, disclosure, assertiveness, emotions and conflict. (MNTC Goal 1e)
4. Articulate the role of interpersonal processes in the development and maintenance of relationships. (MNTC Goal 1g, 1f)
5. Identify barriers that impede effective interpersonal communication. (MNTC Goal 1g, 1f)
6. Engage in reflection of one's own and others' interpersonal communication strengths and weaknesses. (MNTC Goal 1c, 1g, 1f)

Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): Goal Area 01 - Communication

Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal Area 01: Communication:

1. Understand/demonstrate the writing and speaking processes through invention, organization, drafting, revision, editing and presentation.
2. Participate effectively in groups with emphasis on listening, critical and reflective thinking, and responding.
3. Locate, evaluate, and synthesize in a responsible manner material from diverse sources and points of view.

Section Heading

4. Select appropriate communication choices for specific audiences.
5. Use authority, point-of-view, and individual voice and style in their writing and speaking.
6. Employ syntax and usage appropriate to academic disciplines and the professional world.

Transfer Pathway Competencies

Interpersonal Communication

1. Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts
2. Develop skill sets in managing active listening, perception, disclosure, and conflict.
3. Articulate the role of interpersonal processes in the development and maintenance of relationships.
4. Identify barriers that impede effective interpersonal communication.
5. Engage in reflection of one's own interpersonal communication strengths and weaknesses