# **SECTION HEADING**

## **COSM 1100: Preclinic Introduction**

#### Description

Preclinic Introduction will examine the field of Cosmetology which includes hair, nail and skin care. Areas of study will include professional image, Minnesota laws and rules, safety, cleaning and disinfection, anatomy, electricity, and chemistry as related to the profession. This course will contribute 96 hours towards licensure.

#### Credits

4

#### Prerequisite

None

#### Corequisite

None

#### **Topics to be Covered**

1. Safety precautions, professionalism, communication, disorders and diseases, anatomy, trichology, massage movements and Minnesota Cosmetology Laws and Rules.

#### **Learning Outcomes**

1. Describe appearance enhancement and how it relates to the beauty industry.

- 2. Recognize trends influenced by the history of cosmetology.
- 3. List career opportunities available to a licensed practitioner.
- 4. List principles that contribute to personal and professional success.
- 5. Define ethics.
- 6. List the characteristics of a healthy, positive attitude.
- 7. Practice ergonomically correct movement, posture, and principles.
- 8. Conduct a successful client consultation.
- 9. Interpret laws and rules Chapters 2110, 2105 & 155A.
- 10. List the types and classifications of bacteria.
- 11. Define blood borne pathogens and explain how they are transmitted.
- 12. Explain the differences between cleaning, disinfecting & sterilizing.
- 13. List the types of disinfectants and the steps to using them properly.
- 14. Define safety precautions
- 15. Define and explain the importance of anatomy and physiology to the cosmetology profession.
- 16. Name the 11 main body systems and explain their functions.
- 17. Define how chemistry relates to our industry and in the products we use.
- 18. Identify the nature of electricity and how it relate to cosmetology, including nail technology and esthetics.
- 19. Recognize diseases and disorders that should not be treated in the salon.
- 20. Perform massage movements related to the area of study.

### **Credit Details**

Lecture: 2

- Lab: 2
- OJT: 0

MnTC Goal Area(s): None