# **SECTION HEADING**

## **COSM 1110: Preclinic Nail Care**

### Description

Preclinic Nail Care will examine nail care theory and practical experiences involving manicures, pedicures, and artificial enhancements. This course will contribute 112 hours towards licensure.

#### **Credits**

4

#### **Prerequisite**

None

#### Corequisite

None

### **Topics to be Covered**

1. Professionalism, communication, manicuring, pedicuring, and artificial nails.

#### **Learning Outcomes**

- 1. Describe nail irregularities, diseases & 5 basic nail shapes.
- 2. Describe nail services.
- 3. Describe anatomy & physiology of the nail.
- 4. Explain safety precautions related to nail care.
- 5. Explain license requirements.
- 6. Analyze pathogenic & non-pathogenic bacteria.
- 7. List State Board Examination requirements along with license requirements.
- 8. List salon rules and regulations.
- 9. List license fee & unregulated services.
- 10. Define ph.
- 11. Identify nail diseases.
- 12. Perform a basic manicure.
- 13. Perform a basic pedicure.
- 14. Demonstrate proper hand and foot massage.

#### **Credit Details**

Lecture: 1

Lab: 3

OJT: 0

MnTC Goal Area(s): None