# **SECTION HEADING**

# COSM 1120: Preclinic Skin Care

## Description

Preclinic Skin Care will examine dermatology and skin care services which include skin analysis, facial massage, makeup application, and waxing. This course will contribute 112 hours towards licensure.

#### Credits

4

#### Prerequisite

None

#### Corequisite

None

#### Topics to be Covered

1. Professionalism, communication, dermatology, massage, facials, and makeup.

#### **Learning Outcomes**

- 1. Explain skin abnormalities.
- 2. Explain the structure of the skin and its function.
- 3. Demonstrate the movement of tapotement.
- 4. Demonstrate the movement of petrissage.
- 5. Describe diseases related to skin care.
- 6. Describe the function of the sebaceous gland.
- 7. Explain skin pigmentation.
- 8. Explain facial safety precautions.
- 9. Describe cosmetics and makeup techniques.
- 10. Define skin diseases.
- 11. Perform facials and makeup.
- 12. Describe facial massage movements.
- 13. Describe light therapy.
- 14. List primary skin lesions.
- 15. List secondary skin lesions.
- 16. Classify the appendages of the skin.

### **Credit Details**

Lecture: 1

Lab: 3

OJT: 0

MnTC Goal Area(s): None