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## SECTION HEADING

### HC 1175: Nursing Assistant

#### Description

Nursing Assistant introduces concepts of basic human needs and teaches basic nursing skills that will be demonstrated and practiced in the laboratory setting. This course focuses on personal care, nutrition/feeding, elimination, clean and safe environment, communication, vital signs, body mechanics, death and dying, and principles related to long term care. Upon successful completion of the classroom/lab studies, the student will participate in a clinical experience caring for the geriatric client. Background study checks will be conducted. Successful students will be eligible to take the Nurse Aide Competency Examination for certification and placement on the Minnesota Nursing Assistant Registry. This course meets application requirements for MN West nursing program.

#### Credits

3

#### Learning Outcomes

1. Identify and describe the Bill of Rights and the Vulnerable Adult Law.
2. Describe the role and responsibilities of the nursing assistant.
3. Describe legal and ethical issues related to health care and the nursing assistant.
4. Demonstrate the ability to competently perform activities of daily living care and vital signs.
5. Describe principles of behavior management.
6. Utilize proper body mechanics during patient transfers.
7. Identify how psychosocial characteristics of patients can impact nursing care.
8. Describe common safety/emergency procedures performed in the clinical setting.
9. Demonstrate appropriate interpersonal communication techniques within a multidisciplinary healthcare team.
10. Describe proper nutrition and special diets.
11. Identify coping mechanisms with grief and loss.
12. Describe normal elimination and factors which interfere with normal elimination.
13. Identify the parameters of normal and abnormal vital signs.
14. Describe communication – verbal, non-verbal, written and informatics.
15. Demonstrate personal care skills on residents in the long term care setting.
16. Exhibit professionalism in attitude, work ethic, and demeanor while performing assigned Techniques.

#### Credit Details

Lecture: 1

Lab: 2

OJT: 0