SECTION HEADING

HC 1175: Nursing Assistant

Description

Nursing Assistant introduces concepts of basic human needs and teaches basic nursing skills that will be demonstrated and practiced in the laboratory setting. This course focuses on personal care, nutrition/feeding, elimination, clean and safe environment, communication, vital signs, body mechanics, death and dying, and principles related to long term care. Upon successful completion of the classroom/lab studies, the student will participate in a clinical experience caring for the geriatric client. Background study checks will be conducted. Successful students will be eligible to take the Nurse Aide Competency Examination for certification and placement on the Minnesota Nursing Assistant Registry. This course meets application requirements for MN West nursing program.

Credits

3

Prerequisite

None

Corequisite

None

Topics to be Covered

The Role and responsibility of the nursing assistant as it applies to:

1. Ethical and legal guidelines
2. Communication skills
3. Teamwork within the healthcare setting
4. Patient's rights and confidentiality
5. Productive work habits
6. Characteristics of aging
7. Culture and diversity
8. Incident reporting
9. Overview of body systems
10. Infection control practices
11. Patient Care and safety implications
12. Activities and exercise
13. Vital signs and measurements
14. Caring for patients with cognitive impairment
15. Nutrition and hydration
16. Elimination
17. Activities of daily living

Learning Outcomes

1. Identify and describe the Bill of Rights and the Vulnerable Adult Law.

2. Describe the role and responsibilities of the nursing assistant.

3. Describe legal and ethical issues related to health care and the nursing assistant.

4. Demonstrate the ability to competently perform activities of daily living care and vital signs.

5. Describe principles of behavior management.

6. Utilize proper body mechanics during patient transfers.

7. Identify how psychosocial characteristics of patients can impact nursing care.

8. Describe common safety/emergency procedures performed in the clinical setting.

9. Demonstrate appropriate interpersonal communication techniques within a multidisciplinary healthcare team.

10. Describe proper nutrition and special diets.

11. Identify coping mechanisms with grief and loss.

12. Describe normal elimination and factors which interfere with normal elimination.

13. Identify the parameters of normal and abnormal vital signs.

14. Describe communication – verbal, non-verbal, written and informatics.

15. Demonstrate personal care skills on residents in the long term care setting.

16. Exhibit professionalism in attitude, work ethic, and demeanor while performing assigned Techniques.

Credit Details

Lecture: 1

Lab: 2

OJT: 0