
SECTION HEADING

NURS 1120: Nursing of the Adult I

Description

Nursing of the Adult I introduces learners to alterations in functioning, as well as basic disease processes throughout the adult lifespan. Disruptions in the following body systems are covered: cardiovascular, respiratory, skin and sensory systems. Topics of infectious processes, diabetes mellitus, and drug therapy will be addressed. Gerontological and cultural consideration will be included. Critical thinking through the use of the nursing process, health promotion, and standards of care are used to guide learners.

Credits

3

Prerequisite

Students that have been accepted into the Minnesota West Practical Nursing Program

Corequisite

None

Topics to be Covered

1. Respiratory System and Disorders
2. Diabetes
3. Cardiovascular System and Disorders
4. Hematologic and Lymphatic System and Disorders
5. Sensory System and Disorders
6. Integumentary System and Disorders
7. Infections
8. Emergent Conditions and Disaster/Bioterrorism Response
9. Immune System and Disorders
10. HIV Disease and AIDS

Learning Outcomes

1. Use reliable evidence-based journals and online databases to find information related to the care of adults with common health and safety issues. (NLN: INFORMATICS/TECHNOLOGY)
2. Explain how to manage and organize care in adult patient with various disease processes. (NLN: MANAGING CARE)
3. Use nursing judgment to assess, choose interventions, monitor responses, and report to appropriate personnel changes detected in the adult patient's condition. (NLN: NUSING JUDGMENT/EVIDENCE-BASED CARE)
4. Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the adult patient. (NLN: PATIENT/RELATIONSHIP CENTERED CARE)
5. Recognize best practices of quality improvement on the nursing environment and patient outcomes. (NLN: QUALITY IMPROVEMENT)
6. Choose safe nursing practice when implementing a plan of care. (NLN: SAFETY)
7. Identify potential and/or actual patient complications and interventions from an established plan of care to implement for the adult patient. (NLN: SAFETY)
8. Choose information based on focused assessments and interventions to be reported to appropriate interprofessional team members. (NLN: TEAMWORK AND COLLABORATION)

Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): None