SECTION HEADING

NURS 1260: Mental Health Nursing

Description

Mental Health Nursing focuses on the introduction of the student to mental health aspects and illness as well as the holistic care of a client with mental health disorders. This course will also look at the psychotherapeutic management in the continuum of care, milieu management and care of special populations.

Credits

1

Prerequisite

Acceptance in the nursing program. Successful completion of NURS 1100 or NURS 1120

Corequisite

None

Topics to be Covered

1. Introduction to Mental Health and Mental Illness

2. Mental Health Care

3. Fundamental Nursing Roles in Mental Health Nursing

4. Specific Psychiatric Disorders

5. Age-Specific Disorders and Issues

Learning Outcomes

1. Apply mental health principles to the treatment and management of illness and promotion of behaviors: promote a healthy lifestyle (SLO: Managing Care of the Individual Patient)

2. Learn the nature of the stress response and its impact in the etiology and course of many health problems. (SLO: Managing Care of the Individual Patient, SLO: Safety)

3. Describe common mental health disorders, treatments and medications, possible side effects and collaborative care approaches (SLO: Nursing Judgement, Evidenced Based Care, SLO: Safety)

4. Implement individualized, evidence-based nursing strategies to promote and maintain mental health. (SLO: Nursing Judgement, Evidenced Based Care)

5. Identify ethical, cultural, and societal issues pertaining to mental health. (SLO: Professional Identity and Behaviors)

6. Analyze legal implications related to the care of the patient

7. with psychiatric or behavioral disorder. (SLO: Professional Identity and Behaviors)

Credit Details

Lecture: 1

Lab: 0

OJT: 0

MnTC Goal Area(s): None