# SECTION HEADING

# NURS 2245: Health Promotion and the Role of the Professional Nurse

### Description

Health Promotion and the Role of the Professional Nurse teaches health promotion and disease prevention for self, client, families, and communities will be emphasized. Identifies management and leadership theory for transition into the professional nurse role. Coordinate care and case management for all patients. Incorporate complementary and interactive health care into the care of all patients. The learner integrates knowledge, skills, and attributes needed to care for groups of clients, nursing team management, effective resolve conflict, interprofessional collaboration, prioritization, delegation, supervision. Participation in a service learning project. Explore the malpractice and legal issues and affecting nursing. Develop a portfolio. Preparation for end-of-program requirements and NCLEX-RN exam.

#### Credits

2

#### **Prerequisite**

NURS 2125, NURS 2130, NURS 2145, NURS 2150, and NURS 2190

#### Corequisite

None

#### Topics to be Covered

- 1. Prioritization/delegation/supervision
- 2. Leadership and management
- 3. Health promotion
- 4. Disease prevention
- 5. Complementary Therapies
- 6. Integrative Health
- 7. Coordination of Care
- 8. Case Management
- 9. Nutrition
- 10. Role Transition
- 11. Self-Care
- 12. Horizontal violence
- 13. Culture and Spirituality
- 14. Professional Responsibilities
- 15. Workplace and Political Advocacy
- 16. NCLEX Prep
- 17. Service Learning
- 18. Professional Image Development
- 19. Ethical Responsibilities
- 20. Professional Image Development
- 21. Malpractice

## **Learning Outcomes**

- 1. Compare and contrast health care delivery systems in health promotion and providing care of individuals, families, and communities (NLN: Nursing Judgement).
- 2. Recognize the nurse's role in disease prevention and nutritional intervention in caring for a patient (QSEN: Patient Centered Care).
- 3. Distinguish the role of the nurse in ensuring continuity of care and coordinating care between and among health care settings and the home (QSEN: Teamwork and Collaboration).
- 4. Manage safety of patients, health care providers, and community through both system effectiveness and individual performance (QSEN: Safety).

### **Section Heading**

- 5. Analyze the relationship between accountability and liability for one's actions in professional nursing practice (NLN: Professional Identity).
- 6. Utilize the nursing process to analyze spiritual health of patients, families, and communities (NLN: Spirit of Inquiry)
- 7. Explain the purpose and process of the RN NCLEX examination and various preparation methods (NLN: Professional Identity).
- 8. Prepare an effective resume and nursing portfolio and summarize the employment process (NLN: Professional Identity).
- 9. Examine professional roles within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care (QSEN: Teamwork and Collaboration).
- 10. Apply ethical principles and responsibilities (including boundaries) to the role of professional nursing (NLN: Human Flourishing).
- 11. Describe concepts of cultural diversity and influences that affect culturally respectful health care. (NLN: Human Flourishing).

### **Credit Details**

Lecture: 2

Lab: 0

OJT: 0

MnTC Goal Area(s): None