SECTION HEADING

OTAC 2100: Mental Health Across the Lifespan

Description

Mental Health Across the Lifespan explores the growing body of knowledge and awareness of mental health through the occupational therapy lens. Students are exposed to current assessments and practices, legislation, advocacy, and the unique role the OT profession has in the area of mental health. Emerging roles of occupational therapy assistants in this setting is explored. An emphasis is placed on independent and active learning with a focus on developing skills for lifelong learning.

Credits

3

Prerequisite

OTAC 1220

Corequisite

None

Topics to be Covered

1. Current mental health practice settings and emerging practice areas

2. Activity analysis in mental health

3. Current legislation and advocacy

4. Provision of mental health services

Learning Outcomes

B.1.2. Sociocultural, Socioeconomic, Diversity Factors, and Lifestyle Choices (Mastery Level)

Apply and analyze the role of sociocultural, socioeconomic, and diversity, equity, and inclusion factors, as well as lifestyles in contemporary society to meet the needs of persons, groups, and populations, including psychology concepts.

B.2.1. Scientific Evidence, Theories, Models of Practice, and Frames of Reference (Mastery Level)

Apply scientific evidence, theories, models of practice, and frames of reference that underlie the practice of occupational therapy to guide and inform interventions for persons, groups, and populations in a variety of practice contexts and environments.

B.2.5. Role in Promotion of Health and Prevention (Mastery Level)

Apply and analyze scientific evidence to explain the importance of: balancing areas of occupation; the role of occupation in the promotion of health and wellness; and the prevention of disease, illness, and dysfunction for persons, groups, and populations.

B.2.7. Activity Analysis (Mastery Level)

Demonstrate activity analysis in areas of occupation, performance skills, performance patterns, context, and client factors to implement the intervention plan.

B.3.20. Community and Primary Care Programs (Mastery Level)

Identify and communicate to the occupational therapist the need to design community programs to support occupational performance for persons, groups, or populations.

B.4.1. Factors, Policy Issues, and Social Systems (Mastery Level)

Identify and analyze the influence of contextual factors and current federal, state, and local policy issues and structures on the delivery of occupational therapy services for persons, groups or populations and social systems as they relate to the practice of occupational therapy.

B.4.2. Advocacy (Mastery Level)

Explain the role and responsibility of the practitioner to advocate for occupational therapy including changes in service delivery policies, effecting changes in the system, recognizing opportunities in emerging practice areas, and advocating for opportunities to expand the occupational therapy assistant's role. Articulate the distinct knowledge and skills of occupational therapy practitioners to the community of interest.

B.4.6. Care Coordination, Case Management, and Consultation (Mastery Level)

Demonstrate knowledge of: care coordination, case management, and transition services in traditional and emerging practice environments; the consultative process with persons, groups, programs, organizations, or communities in collaboration with inter- and intraprofessional colleagues.

Credit Details

Lecture: 2

Lab: 1

OJT: 0

MnTC Goal Area(s): None