SECTION HEADING

PHED 1176: Intercollegiate Baseball

Description

Intercollegiate Men's Baseball includes participation in intercollegiate competition in men's baseball, where they acquired knowledge at the freshmen intercollegiate level, and represented Minnesota West Community and Technical College in the Minnesota College Athletic Conference and National Junior College Athletic Association.

Credits

1

Prerequisite

None

Corequisite

None

Topics to be Covered

1. NJCAA/NCAA men's Baseball rules; standards for eligibility and student code of conduct, offensive, defensive, and game strategies: Film Breakdown; conditioning and proper nutrition; healthy lifestyles (including diversity and inclusion); teamwork; and sportsmanship.

Learning Outcomes

1. Demonstrate professional and ethical responsibility within the team and competitive area including proper etiquette and good sportsmanship.

2. Exhibit proficiency in the proper execution of game situations.

3. Utilize the techniques, skills, and tools necessary for the enhancement of health, fitness, nutrition, and overall well-being.

4. Explain team rules and student code of conduct when representing the team in the classroom, outside of school events, in the community, at practices, and at all contests.

Credit Details

Lecture: 1

Lab: 0

OJT: 0

MnTC Goal Area(s): None