
SECTION HEADING

PHED 2170: Intercollegiate Men's Football

Description

Intercollegiate Men's Football includes participation in intercollegiate competition in men's football, where they acquired knowledge at the sophomore intercollegiate level, and represented Minnesota West Community and Technical College in the Minnesota College Athletic Conference and National Junior College Athletic Association.

Credits

1

Prerequisite

PHED 1170 or freshman-level intercollegiate football class from another accredited college or university

Corequisite

None

Topics to be Covered

1. NJCAA/NCAA men football rules; standards for eligibility and student code of conduct, offensive, defensive, and game strategies: Film Breakdown; conditioning and proper nutrition; healthy lifestyles (including diversity and inclusion); teamwork; and sportsmanship.

Learning Outcomes

1. Demonstrate proficiency in the proper execution of game situations.
2. Demonstrate professional and ethical responsibility within the team and competitive arena including proper etiquette and good sportsmanship.
3. Utilize the techniques, skills, and tools necessary for the enhancement of health, fitness, nutrition and overall well-being.
4. Demonstrate understanding of team rules and school code of conduct in representing the team in the classroom, outside of school events, in the community, and at both home and away games.
5. Demonstrate leadership and social communication.
6. Demonstrate proper film breakdown and assessment.

Credit Details

Lecture: 0

Lab: 1

OJT: 0

MnTC Goal Area(s): None