
SECTION HEADING

PHED 2187: Baseball/Softball Theory and Coaching

Description

Baseball/Softball Theory of Coaching covers the guidelines of the State and National High School League rules including rules interpretation, game technique, and casebook studies. Course will also cover the coaching aspects of baseball and softball, game tactics, scouting, recruiting, team goals, methods of conducting practice, student academic concerns, and managing players at both the high school and college levels.

Credits

2

Prerequisite

None

Corequisite

None

Topics to be Covered

1. Teaching/Coaching fundamental skills
2. Scoring and statistics and how to compile and evaluate through computation
3. Practice and Game planning
4. Working and communicating with umpires, parents, media, and student athletes
5. Equipment/Field inspection for safety and replacement
6. Field set-up/cleanup for competitions and practice
7. History and future of the sport

Learning Outcomes

1. Describe and explain the fundamental skills as it relates to softball/baseball.
2. Demonstrate and explain the proper way to score and compile statistics for the games of softball and baseball.
3. Describe and prepare practice plans along with game planning as they relate to softball and baseball.
4. Describe and explain the proper procedures for field maintenance and game set up.
5. Demonstrate the ability to trouble shoot and correct any safety issue as they relate to equipment and facilities.
6. Define, describe, and explain the rules and the mechanics as they pertain to the games of softball and baseball.
7. Demonstrate an understanding of related study areas such as motor learning, sport psychology, and sport sociology as they relate to coaching.
8. Describe and demonstrate to construct and manage practice based according to age and skill level of athletes.

Credit Details

Lecture: 2

Lab: 0

OJT: 0

MnTC Goal Area(s): None