SECTION HEADING

PHED 2189: Intercollegiate Men's Soccer

Description

Intercollegiate Men's Soccer includes participation in intercollegiate competition in men soccer, they acquire knowledge at the sophomore intercollegiate level, and represent Minnesota West Community and Technical College in the Minnesota College Athletic Conference and National Junior College Athletic Association.

Credits

2

Prerequisite

PHED 1189 or freshman level intercollegiate soccer course from another accredited college or university

Corequisite

None

Topics to be Covered

1. NJCAA/NCAA soccer rules; standards for eligibility and student code of conduct

2. Offensive, defensive, game strategies, and film breakdown

3. Conditioning and proper nutrition; healthy lifestyles (including diversity and inclusion)

4. Teamwork and sportsmanship

Learning Outcomes

1. Demonstrates proficiency in proper practice in learning skills for the execution of game situations.

2. Demonstrates professional and ethical responsibility within the team and competitive arena including proper etiquette and good sportsmanship.

3. Utilizes the techniques, skills, and tools necessary for enhancement of health, fitness, nutrition and overall well-being.

4. Demonstrates understanding of team rules and school code of conduct in the representing the team in the classroom, outside of school events, in the community, practices, and at both home and away games.

Credit Details

Lecture: 1

Lab: 0

OJT: 0

MnTC Goal Area(s): None