### SECTION HEADING

## **PSYC 1101: Introduction to Psychology**

### Description

Introduction to Psychology provides an overview of contemporary psychology. Topics include the biological basis of behavior, sensation and perception, motivation, learning, memory, development, personality theory and mental illness. This psychology course emphasizes biological, ability, age, gender, identity, personality, and cultural and ethnic diversity. This course is a prerequisite for other psychology courses and is a required course for many degree programs.

#### **Credits**

#### **Prerequisite**

STSK 0095 or placement by multiple measures

### Corequisite

None

#### **Topics to be Covered**

- 1. Evolution of and methods in Psychology
- 2. Neuroscience and Behavior
- 3. Sensation and Perception
- 4. Consciousness
- 5. Memory
- 6. Learning
- 7. Emotion and Motivation
- 8. Language, Thought and Intelligence
- 9. Life-Span and Development
- 10. Personality
- 11. Social Psychology
- 12. Stress and Health
- 13. Mental Illness and Treatment

### **Learning Outcomes**

- 1. Describe significant concepts, principles, and theoretical frameworks across subfields of psychology.
- 2. Describe methods psychologists most often use to investigate human behavior.
- 3. Identify and explain basic psychological knowledge: biological basis of behavior, sensations, perception, motivation, learning, cognition, memory, development, personality development, mental illness, psychotherapy and social behavior.
- 4. Identify and explain contributions made to the discipline by significant researchers.
- 5. Apply theoretical models of behavior through real life settings.

#### **Credit Details**

Lecture: 4

Lab: 0

OJT: 0

MnTC Goal Area(s): Goal Area 05 - History and the Social and Behavioral Sciences, Goal Area 07 - Human Diversity

#### Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal Area 05: History and the Social and Behavioral Science

- 1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
- 2. examine social institutions and processes across a range of historical periods and cultures.

# Section Heading

3. use and critique alternative explanatory systems or theories.

Goal Area 07: Human Diversity

- 1. Understand the development of and the changing meanings of group identities in the United States' history and culture.
- 2. demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
- 3. analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
- 4. describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
- 5. demonstrate communication skills necessary for living and working effectively in a society with great population diversity.