
SECTION HEADING

PSYC 2225: Addictive Behavior

Description

Addictive Behavior provides a comprehensive overview of psychological models to understanding addiction. Presents the process of addiction as a sequence which includes: initiation, maintenance, dependence, and change. Also addressed is the prevention of addiction. Describes the biological, social, emotional, and psychological consequences of addictions for the individual and society. Although concentrating on substance-based behaviors (alcohol and drugs) other addictions such as gambling, eating disorders, and compulsive sexual behavior will be considered.

Credits

3

Prerequisite

None

Corequisite

None

Topics to be Covered

1. The Nature and History of Addiction
2. Biology of Addiction
3. Psychology of Addiction
4. Social Aspects of Addiction
5. Clinical Assessments, Diagnosis, and Treatment
6. Discuss Identified Types of Addictive Behaviors

Learning Outcomes

1. Describe a variety of models and theories of addiction and other problems related to substance abuse.
2. Describe the behavioral, psychological, and physical health and social effects of behavioral addiction and substance use on the person and others.
3. Describe issues of cultural identity, ethnic background, age and gender that increase the likelihood to be at-risk for, or resilient to, substance use disorders
4. Describe a variety of warning signs, symptoms, and the course of substance use disorders.
5. Describe the principles and philosophy of prevention, treatment, and recovery
6. Describe current and evidenced-based approaches practiced in the field of addictions
7. Demonstrate the ability to engage in class discussions and efficiently complete quizzes/exams/other assignments.

Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): Goal Area 05 - History and the Social and Behavioral Sciences, Goal Area 07 - Human Diversity

Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal Area 05: History and the Social and Behavioral Science

1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. examine social institutions and processes across a range of historical periods and cultures.
3. use and critique alternative explanatory systems or theories.

Goal Area 07: Human Diversity

2. demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
3. analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.

Section Heading

4. describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.