
SECTION HEADING

PSYC 2230: Behavior Modification

Description

Behavior Modification introduces basic principles of behavior modification and their application to the modification of maladaptive behavior and the development of adaptive behavior. Development of skills to adapt these principles to address problems of daily living is emphasized.

Credits

3

Prerequisite

STSK 0095 or placement by multiple measures

Corequisite

None

Topics to be Covered

1. Observing and recording behavior and behavior change.
2. Basic Principles: Reinforcement, Extinction, Punishment, Stimulus Control: Discrimination and Generalization.
3. Shaping, Prompting and transfer of stimulus control
4. Chaining, Behavioral Skills Training
5. Functional Assessment, Differential Reinforcement, Antecedent Control Procedures
6. Self-Management
7. Ethics in behavior modification

Learning Outcomes

1. Define, explain, and illustrate the major concepts of behavior modification
2. Design, implement and evaluate a behavior-change program.
3. Demonstrate how behavior modification procedures can be applied to various problems of daily living.
4. Explain the ethical responsibilities of applying behavior modification techniques in all settings it is applied.
5. Demonstrate how behavior modification procedures can be applied to various problems in occupational settings.
6. Explain the ethical responsibilities of applying behavior modification techniques in all settings it is applied

Credit Details

Lecture: 3

Lab: 0

OJT: 0

MnTC Goal Area(s): Goal Area 05 - History and the Social and Behavioral Sciences

Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal Area 05: History and the Social and Behavioral Science

1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. examine social institutions and processes across a range of historical periods and cultures.
3. use and critique alternative explanatory systems or theories.