## **SECTION HEADING**

## **SBMT 1340: Time Management**

## Description

Provides learners with an opportunity to explore the essential concepts of time management. The learner will explore ways of dealing with the daily challenge of successfully juggling multiple priorities, which require a clear understanding of individual time management strengths and weaknesses and a well-practiced self managed strategy. The learner will analyze their time management habits and development improvement plans to become a time master.

## **Management Credits**